Overview

- In 2015, 44,193 Americans died by suicide.\(^1\)

- The suicide rate in the US in 2014 was 13.8 per 100,000. This is the highest recorded rate in the last thirty years.\(^1\)

- Suicide was the 10\(^{th}\) leading cause of death, with 1.6% of all US deaths in 2015 being ruled as suicides.\(^1\)

- Though the suicide rate had declined from its previous highest point (a rate of 12.87 in 1986), it has steadily risen since the early 2000s.\(^2\)

- On average, there were 121.1 suicides every day in the US, or one suicide every 11.9 minutes.\(^1\)

- As it is estimated that there is one death by suicide for every 25 attempts, approximately 1,104,825 attempts were made in 2015. This is one attempt made every 29 seconds.\(^1\)

- Men accounted for 76.92% of all US suicides, yet there were three female attempts for every male attempt.\(^1, 2\)

- Overall, the most predominant method of suicide in the US was firearms. This holds true for men, but the leading method of suicide for women was poisoning.\(^2\)

- As recent research predicts that for every suicide, 147 people are affected and 18 experience major life disruptions, the number of survivors of suicide loss grew by 265,158 in 2015.\(^1, 3\)


If you or someone you know is suicidal, please contact a mental health professional or call 1-800-273-TALK (8255).